



**Dr. Lakeya Cherry**

**Menu of Keynotes &  
Workshops**

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# Dr. Lakeya Cherry

## Keynote Presentations

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- "Brave Work Tough Conversations Whole Heart"
- "Justice for All: Unlocking the Power of Diverse Leadership in Law"
- "Leading for a Resilient Workplace"
- "Reimagining Social Work: Leading with Purpose in a New Era"
- "Social Workers Lead too, Strategies for Leading at Any Level"
- "The Heart of Daring Leadership"
- "Vulnerability and Courage"
- "Who We are is How We Lead: Managing Self to Lead Others"

# Dr. Lakeya Cherry Workshops

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# Dr. Lakeya Cherry Workshops

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Theme: Authenticity



# Authenticity, Courage, Tenacity (ACT) Workshop

## Objectives

- Discover how embracing your strengths can lead to stronger connections, trust, and greater influence.
- Develop the courage to take risks and make bold decisions in life and business.
- Learn how a resilient mindset will help you reach your goals.

## Description

This 90-minute virtual workshop will give you the tools to build trust and influence, develop the courage to make bold decisions, and cultivate the tenacity needed to turn setbacks into triumphs. This workshop offers practical strategies, plus an exclusive interactive workbook with actionable insights, exercises, and reflection prompts. Designed for leaders at any stage of their journey, this session will provide the tools you need to lead with purpose, confidence, and resilience.

## Meet the Facilitator

Lakeya  
CHERRY



Dr. Lakeya Cherry, DSW, MSSW, PCC, is an executive, leadership, and team coach dedicated to empowering individuals and organizations to lead authentically and courageously. An ICF Certified Coach and Certified Dare to Lead™ Facilitator, her passion for coaching was sparked by her own transformative experience.

Lakeya's expertise has supported clients including The Gates Foundation, Headspace, Glassdoor, Snap, Cisco, and The Salvation Army. She holds a Doctorate in Social Work from USC, an MSSW from Columbia, and a BA from UC Santa Cruz, along with certifications in Team Coaching, Enneagram, Psychological Safety, Emotional Intelligence, and Nonprofit Leadership.

# Dr. Lakeya Cherry Workshops

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Theme: Belonging & Inclusion



# Changemakers of Color Peer-Circle

## Objectives

- Foster and draw strength from a robust network of like-minded peers.
- Cultivate a deep sense of psychological safety and belonging, empowering you to lead with authenticity, courage & tenacity.
- Embrace and advocate for your unique identity, transforming your lived experiences into a courage and innovation.

## Description

The *Changemakers of Color* program is a four-month mastermind designed for leaders of color, offering a supportive space to tackle challenges and drive meaningful change. The program includes peer mentoring, leadership resources, and a bespoke workbook to guide participants through their growth journey. It empowers participants to cultivate authenticity, innovation, and belonging, while building connections that foster professional and personal development. For more information, visit [Changemakers of Color](#).

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# Crafting a Culture of Belonging Workshop

## Objectives

- Define “culture of belonging”
- Discuss the importance of belonging
- Understand the significance of inclusion
- Learn kind/healthy communication practices

## Description

Discover the transformative power of belonging within your organization and why it is essential for creating a supportive and engaging workplace. Participants will also gain a deeper understanding of the significance of inclusion and its role in cultivating a sense of belonging among team members. This 60-min session will provide valuable insights into kind and healthy communication practices that promote mutual respect and understanding.

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# Managing Diverse Teams

## Objectives

- Define diversity and inclusion.
- Learn strategies for managing inclusively.
- Understand unconscious bias.
- Traits of inclusive leaders.

## Description

Understand the critical importance of diversity and inclusion in today's workplace and their significance and impact on organizational success. Participants will learn effective strategies for managing inclusively, ensuring that all team members feel valued and respected. The session will explore the nature of unconscious bias, helping attendees understand how it influences decision-making and interactions. Finally, we will identify the key traits of inclusive leaders and discuss how these characteristics foster a positive, productive, and innovative work environment.

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# Dr. Lakeya Cherry Workshops

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Theme: Change



# Navigating Change Together

## Objectives

- Understand the importance of open dialogue and vulnerability during times of change.
- Learn how establishing clear agreements can foster trust and effective collaboration.
- Gain insights on how to reassess and adjust your organization's mission and vision to align with new goals.

## Description

In this workshop, the audience can expect to engage in interactive case studies, where they'll practice navigating change using key strategies. They will also learn Bridge's Transition Model, a proven framework for guiding teams through transition phases and managing the emotional aspects of change. By the end, participants will leave with actionable commitments and a shared understanding of how to move forward, equipped with concrete steps to implement within their teams or organizations.

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# Dr. Lakeya Cherry Workshops

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Theme: Courage



# Dare to Lead™ from BetterUp

## Objectives

- Learn how to foster an environment of vulnerability and courage.
- Navigate difficult conversations with empathy and clarity
- Make decisions from a place of integrity and emotional intelligence

## Description

The *Dare to Lead*™ 6-week leadership cohort, based on Brené Brown's research, is designed to help leaders develop the courage, resilience, and vulnerability necessary for effective leadership. This workshop focuses on empowering leaders to create a culture of trust and accountability while embracing their imperfections as they lead with authenticity. This workshop is perfect for leaders who want to take their leadership skills to the next level by creating a more authentic and courageous workplace.

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# Leading Through Loss: A Conversation on Grief, Healing & Team Culture

## Objectives

- Discuss what grief really looks like in the workplace and why it often goes unseen.
- Recognize how unacknowledged grief impacts performance, behavior, and team culture.
- Explore how leaders can acknowledge grief with empathy while maintaining healthy boundaries.

## Description

This 90 minute interactive workshop explores the impact of grief on individuals, teams, and organizational culture. Participants will examine the hidden costs of unacknowledged loss - including burnout, disengagement, and presenteeism - and learn how leadership behaviors can either deepen harm or build trust. Leaders will leave with practical conversation tools, clear frameworks, and actionable strategies to support their teams without overextending themselves.

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# Dr. Lakeya Cherry Workshops

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Theme: Personal Branding



# #IamRemarkable Workshop

## Objectives

- Own your accomplishments and boost your self-promotion skills.
- Overcome imposter syndrome and self-doubt.
- Elevate your confidence to take bold steps toward your goals.

## Description

Rmrkblty's **#IamRemarkable** initiative is a free 90-minute workshop created to empower underrepresented groups and women.

This workshop is open to anyone ready to amplify their voice and unlock their potential. Whether you're leading a team, growing a business, or navigating a new career phase, this session will teach you how to confidently advocate for your achievements and showcase your strengths.

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# The Network Effect: Elevating Your Impact Through Meaningful Connection

## Objectives

- Learn to communicate your strengths in alignment with your unique personality.
- Build confidence and tackle barriers to effective self-advocacy.
- Gain strategies to increase your professional presence and advance career opportunities.

## Description

Building a strong personal brand and mastering the art of self-promotion are essential for visibility and career advancement.

In this dynamic, 60-minute workshop, you'll discover how to communicate your strengths and accomplishments in a way that feels true to your unique personality. Explore the power of personal branding, overcome common self-promotion barriers, and leave with practical tools to take your career to the next level.

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# The Power of Presence & Connection: Elevating Your Leadership & Network

## Objectives

- Reframe networking from transactional to relational and purpose-driven.
- Map and assess your current network using the Inner, Community, and Opportunity Circle framework.
- Identify practical strategies to strengthen, reconnect, and explore meaningful professional relationships.

## Description

This interactive 60–90 minute virtual mastermind helps leaders deepen their connections and expand their impact through intentional relationship-building. Participants will explore common networking mistakes, examine the hidden costs of disconnection and loneliness in leadership, and apply the Networking Effect Framework to strategically assess and strengthen their circles. Leaders will leave with a clearer understanding of their network, actionable next steps, and renewed confidence in building authentic, sustainable professional relationships.

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# Dr. Lakeya Cherry Workshops

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Theme: Positive Intelligence



# Positive Intelligence®

## Objectives

- Develop strategies for creating a positive mindset
- Build mental fitness for stressful situations
- Improve relationships through empathy, active listening, and collaboration
- Increase productivity and wellbeing

## Description

Discover the transformative power of Positive Intelligence and learn how to quiet the inner saboteurs that hold you back.

Through guided exercises and practical strategies, you'll learn how to shift from a negative, stress-driven approach to a positive, solution-focused perspective. Whether you're seeking to improve relationships, boost productivity, or lead with greater clarity, this workshop provides resources to help you thrive in both your personal and professional life.

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# Dr. Lakeya Cherry Workshops

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Theme: Psychological Safety



# Psychological Safety Workshop

## Objectives

- Understand what psychological safety means.
- Learn the benefits of psychological safety.
- Identify practical tactics for fostering psychological safety.

## Description

This one -hour workshop focuses on understanding and fostering psychological safety at work, a crucial element for enhancing innovation, productivity, and employee well-being. Amid rising burnout and toxic workplace cultures, creating environments of trust and collaboration has never been more vital. Participants will explore the concept of psychological safety, its attributes, and actionable strategies to cultivate trust, improve team dynamics, and navigate challenges effectively.

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# Dr. Lakeya Cherry Workshops

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Theme: Trust



# The Value of Trust

## Objectives

- Explore the core components of trust, including boundaries, accountability, and integrity.
- Build confidence in giving and receiving feedback with vulnerability and empathy.
- Navigate difficult conversations by addressing challenges with curiosity and non-judgment.

## Description

*The Value of Trust* is a 60-min workshop designed to explore the foundational elements of building and sustaining trust within teams. Through a mix of discussions and interactive exercises, participants will practice braving vulnerability, receiving and giving feedback, and leaning into tough conversations with courage and empathy. The goal is to create a space where leaders can openly engage in "rumbling" — the messy but essential work of identifying challenges, owning their parts, and strengthening relationships.

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